



At Downton Primary School, we believe that all children should be equipped with the skills that allow them to be lifelong learners and able to apply the skills to the ever changing world around us.

| -Relationships | A | В | Α | - | | |
|---|--|--|---|---|--|--|
| • | | | | В | Year 5 | Year 6 |
| and boundaries Who are your friends? | -Rules and responsibilities -Expressing feelings What are your responsibilities at home? | -Hopes and fears -Showing pride What are your hopes? | -Personal goals -Rights and responsibiliti es What are the positive attributes about yourself? | -Democracy -Decision making What is democracy? | -Personal goals -Rights and responsibilities -Behaviour How does democracy benefit the school? | -Goals -Universal rights -Local and global Democracy -Rights and responsibilities What are your rights and responsibilities |
| -Accepting difference | -Similarities and differences | -Stereotypes -Right and | -Different families | -Acceptance - | -Cultural differences | -Understanding disabilities |
| -Making friends Can you name some differences between you and a friend? | -Bullying What are similarities and differences? | wrongs -Bullying What are your rights as a child? | -How to help How can you get help? | Understanding conflict -Words can be hurtful How can you resolve | -Understanding racism -Comparisons What does cultural difference mean? | -Understanding bullying -Differences How are differences a good thing? |
| | Who are your friends? -Accepting difference -Making friends Can you name some differences between you | •Expressing feelingsWho are your friends?What are your responsibilities at home?-Accepting difference-Similarities and differences -Making friends-Accepting difference-Similarities and differences -Bullying-Making friends-BullyingCan you name some differences between youWhat are similarities and differences? | Who are your friends?What are your responsibilities at home?What are your hopes?-Accepting difference-Similarities and differences -Making friends-Similarities and differences -Bullying-Stereotypes -Right and wrongs -BullyingCan you name some differences between youWhat are similarities and differences?-Stereotypes -Right and wrongs -Bullying | Who are your friends?What are your responsibilities at home?What are your hopes?What are your hopes?What are your responsibilities at home?What are your hopes?What are the positive attributes about yourself?-Accepting difference-Similarities and differences -Making friends-Similarities and over the second -Right and wrongs -Bullying-Different families -How to help How can you get help?Making friendsWhat are similarities and differences?-Making -Bullying-Different families -How to help | Who are your friends?-Similarities and differences homes-Similarities and hopes?-Nights and responsibiliti esWhat is democracy?-Accepting differences -Making friends-Similarities and differences -Bullying-Stereotypes -Right and wrongs -Bullying-Different families -How to help -How to help-Acceptance -Acceptance -What are your families -How to help-Acceptance -What are wrongs -Bullying-Stereotypes -Right and wrongs -Bullying-Different families -How to help-Acceptance -Words can be hurtful | Who are your friends?-Similarities and differences-Similarities and hopes?-Nights and responsibilitie esWhat is democracy?-Behaviour -BehaviourWho are your friends?What are your responsibilities at home?What are your hopes?esWhat is democracy?-BehaviourWhat are your responsibilities at home?What are your hopes?esWhat are the positive attributes about yourself?What are the positive about yourself?What are the positive about yourself?-Cultural difference-Accepting difference-Similarities and differences-Stereotypes -Right and wrongs -Bullying-Different families-Acceptance - Ounderstanding conflict-Cultural differences-Making friends-Bullying-Stereotypes -Bullying-Different families-Acceptance - Ounderstanding racism-Cultural differencesCan you name some differencesWhat are similarities and differences?What are your rights as a child?How can you resolve-Words can be hurtful-ComparisonsHow can you resolveHow can you resolveWhat does cultural difference mean?What does cultural difference mean? |







| -Friendly | -Simple goals | -Realistic goals | -Poonle who | -Share hones | -Understanding | -Goal setting |
|---------------|---|---|--|--|--|---|
| • | | | | • | U U | -Helping the |
| | • | | | | | world |
| - Try my best | U | | | - | | -Accepting praise |
| How do you | | | , | uniculies | | |
| | 003100103 | 3000033 | | | contributions | How can you |
| • | | How do you | | - | Ном сар уоц | help the world? |
| Dest: | - | - | Obstacles | | • | |
| | | | | | | |
| | chancinge: | others: | - | ureant: | contribution: | |
| | | | | | | |
| | | | urcant. | | | |
| -All about | -Health/ | -Keeping | -Effect of | -Friendship | -Smoking risks | -All about food |
| exercise | Unhealthy living | healthy | exercise | groups | -Misusing alcohol | -Different drug |
| -Healthy | -Germs | -Medicines | -Organs | -Facts about | -Basic first aid | types |
| choices | -Medicines | -Food groups | -Drugs | smoking | -Food roles | -Evaluation of |
| | -Crossing the | -Healthy | -Medicines | -Pressure | | alcohol on the |
| How can you | road | snacks | | Right and | What is the best | body |
| be healthy? | | | How does | wrong | way to look after | -Mental |
| | Can you explain | Can you | exercise help | | your body? | wellbeing |
| | what health and | explain the | your body? | How do you | | -Stress |
| | unhealthy | different food | | know if | | |
| | means? | groups? | | something is | | How do you |
| | | | | right or | | help your |
| | | | | wrong? | | mental |
| | | | | | | wellbeing? |
| | exercise -Healthy choices How can you | behaviours -Try my best -Try my best How do you show your best? -All about -All about -Healthy choices -All about -Healthy choices -Healthy choices -Tackling obstacles How can you overcome a challenge? -Health/ Unhealthy living -Germs -Crossing the road be healthy? Can you explain what health and unhealthy | behaviours -Try my best-Tackling challenges -Overcoming obstacles-Working with others -Sharing successHow do you show your best?How can you overcome a challenge?-Working with others -Sharing success-All about exercise -Healthy choices-Health/ -Germs -Germs -Medicines -Crossing the road-Keeping healthy -Medicines -Food groups -Healthy snacksHow can you work well-Keeping healthy -Medicines -Food groups -Healthy snacks | behaviours -Try my best-Tackling challenges -Overcoming obstacles-Working with others -Sharing successhave achieved -Identify dreams -Overcome obstaclesHow do you show your best?How can you overcome a challenge?-Working with othershave achieved-All about exercise-Health/ Unhealthy living -Germs choices-Health/ -Germs -Crossing the road-Keeping healthy -Keeping healthy-Effect of exercise -Organs -Drugs -Drugs -Drugs-All about exercise-Health/ Unhealthy living -Germs -Crossing the road-Keeping healthy -Medicines -Food groups -Food groups -Healthy snacks-Effect of exercise -Drugs -Drugs -Drugs -Medicines -Medicines -Medicines -Crossing the road-Keeping healthy -Medicines -Food groups -Drugs -Drugs -Medicines -Medicines -Medicines -Medicines -Medicines -Medicines -Drugs -Medicines -Medicines -Medicines -Medicines -Medicines -Medicines -MedicinesHow can you be healthy?Can you explain the different foodHow does exercise help your body? | behaviours -Try my best-Tackling challenges -Overcoming obstacles-Working with othershave achieved -Identify dreams -Overcome obstaclesand dreams -Planning for difficultiesHow do you show your best?How can you overcome a challenge?-Working with othershave achieved -Sharing successhave achieved -Identify dreams -Overcome obstaclesand dreams -Planning for difficulties-All about exercise -Healthy choices-Health/ Unhealthy living -Germs -Crossing the road-Keeping healthy -Medicines -Food groups -Healthy snacks-Effect of exercise -Organs -Drugs -Drugs -Pressure Right and wrong-Friendship groups -Facts about smoking -Pressure Right and wrongHow can you be healthy?Can you explain what health and unhealthy means?Can you explain the different food groups?-Effect of exercise -Organs -Drugs -Pressure Right and wrong-Friendship something is right or | behaviours -Try my best -Try my best-Tackling challenges -Overcoming obstacles-Working with others -Sharing successhave achieved -Identify dreams -Overcome obstaclesand dreams -Planning for difficultiesmoney -Different Jobs -Positive contributionsHow do you show your best?How can you overcome a challenge?-Working with othershave achieved -Identify dreams -Overcome obstaclesand dreams -Planning for difficultiesmoney -Different Jobs -Positive contributions-All about exercise -Healthy choices-Health/ Unhealthy living -Germs -Crossing the road-Keeping healthy -Medicines -Food groups -Healthy snacks-Effect of exercise -Organs -Drugs -Drugs -Medicines -Pressure Right and wrong-Smoking risks -Mota opu -Basic first aid -Food rolesHow can you be healthy?-Mealth and unhealthy means?-Can you explain the different food groups?-Effect of exercise help your body?-Friendship groups -Pressure Right and wrong-Smoking risks -Mota opu -Pressure Right and wrong |







| | | | | | | | Can you explain how to help others? |
|---------------|----------------|-------------------|-----------------|----------------|-----------------|--------------------|---|
| Term 5 | -Special | -Different family | -Relationships | -Family roles | -Important | -Own self esteem | -Significant |
| Relationships | people | types | -Acceptable | and | people in their | -Negotiate and | people in my life |
| | -Positive | -Good friends | and | responsibiliti | lives | compromise | -Feelings around |
| | relationships | -Special people | unacceptable | es | -Animal rights | -Understanding | death and |
| | | | touch | -Awareness | -Love and | boyfriend/girlfrie | leaving |
| | Who are | What makes a | -Secrets | of people in | appreciation | nd relationships | -Different stages |
| | your special | good friend? | -Community | the world. | | -Online safety | of grief |
| | people? | | | -Express | How do you | | -Use of |
| | | | What are your | appreciation | appreciate the | How do you | technology |
| | | | relationships | | important | build your self- | |
| | | | within the | What are | people in your | esteem? | How can you |
| | | | community? | your | life? | | support |
| | | | | responsibiliti | | How do you stay | someone with |
| | | | | es in your | | safe online? | grief? |
| | | | | family and | | | |
| | | | | the world? | | | |
| Term 6 | -Naming | -Life cycle of | -Life cycles in | -Changes in | -Personal | -Develop self | -Self-image |
| | body parts | humans and | nature | animals and | characteristics | esteem | -Changes during |
| Changing me | -Health | animals | -How they | humans | -Internal and | -How girls body | puberty |
| | Stages of life | -Talk about | have changed | -What do | external body | changes during | -Changes of a |
| | | themselves | since birth | babies need? | parts | puberty | baby in the |
| | How are you | | -Differences | -Internal and | -Changes in a | -Sexual | womb. |
| | feeling | How are you | between boys | external | girl's body so | intercourse leads | -Physical |
| | towards Year | feeling towards | and girls | body parts | she can have a | to contraception | attraction |
| | 1? | Year 2? | | | baby | | |







| | | Different types | Changes in a | | -Talk about going | -Changes in |
|---------------|------------------|-----------------|--------------|-----------------|-------------------|------------------|
| Can you list | Can you list the | of touch | girl's body | How are you | into teenage | relationships |
| the different | life cycle of a | How are you | when they | feeling | hood | -Talk about |
| stages of | animal? | feeling | have a baby | towards Year | | transition to |
| life? | | towards Year | How are you | 5? | How are you | secondary |
| | | 3? | feeling | | feeling towards | How are you |
| | | | towards Year | What are your | Year 6? | feeling about |
| | | How have you | 4? | personal | | going to |
| | | changed since | | characteristics | What do you | secondary |
| | | birth? | Can you list | ? | know about | school? |
| | | | what babies | | teenage hood? | |
| | | | need? | | | Can you list the |
| | | | | | | changes of a |
| | | | | | | baby in the |
| | | | | | | womb? |

